



Saturday, January 22, 2022

Gym A (Little Gym)

Session 1A
Xcel Bronze

- 8:00am – Check In
- 8:30am – Open Stretch
- 8:45am – Line Up
- 10:30am – Complete

Session 2A
Xcel Bronze

- 10:30am – Check In
- 11:00am – Open Stretch
- 11:15am – Line Up
- 1:00pm – Complete

Session 3A
Level 2

- 1:00pm – Check In
- 1:30pm – Open Stretch
- 1:15pm – Line Up
- 3:00pm – Complete

Session 4A
Level 2

- 3:00pm – Check In
- 3:30pm – Open Stretch
- 3:45pm – Line Up
- 5:00pm – Complete

Session 5A
Level 3

- 5:00pm – Check In
- 5:30pm – Open Stretch
- 5:45pm – Line Up
- 7:45pm – Complete

Session 5A
Level 3

- 5:00pm – Check In
- 5:30pm – Open Stretch
- 5:45pm – Line Up
- 7:45pm – Complete



Saturday, January 22, 2022

Gym B (Big Gym)

Session 1B

Levels 6-7

- 7:30am – Check In
- 8:00am – Open Stretch
- 8:30am – Line Up
- 12:00pm – Complete

Session 2B

Levels Xcel Platinum

- 12:00pm – Check In
- 12:30pm – Open Stretch
- 1:00pm – Line Up
- 4:00pm – Complete

Session 3B

Levels Xcel Diamond & Levels 8-9

- 4:00pm – Check In
- 4:30pm – Open Stretch
- 5:00pm – Line Up
- 8:30pm – Complete



BECCA'S BEACH PARTY

Sunday, January 23, 2022

Gym A (Little Gym)

Session 6A

Xcel Silver

- 7:30am – Check In
- 8:00am – Open Stretch
- 8:30am – Line Up
- 10:30am – Complete

Session 2A

Xcel Silver

- 10:30am – Check In
- 11:00am – Open Stretch
- 11:30am – Line Up
- 1:30pm – Complete

Session 3A

Xcel Silver

- 1:30pm – Check In
- 2:00pm – Open Stretch
- 2:30pm – Line Up
- 4:30pm – Complete

Gym B (Big Gym)

Session 4B

Xcel Gold & Levels 4-5

- 8:00am – Check In
- 8:30am – Open Stretch
- 9:00am – Line Up
- 12:00pm – Complete

Session 5A

Xcel Gold

- 12:00pm – Check In
- 12:30pm – Open Stretch
- 1:00pm – Line Up
- 3:45pm – Complete

Session 5A

Xcel Gold

- 3:45pm – Check In
- 4:15pm – Open Stretch
- 4:45pm – Line Up
- 7:30pm – Complete